



Abdominal Aorta Ultrasound

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How to prepare?

The night before test:

1. Do not eat gas producing foods such as broccoli, cabbage, beans, and fiber rich foods.
2. Take Beano or Gas-X. (You can obtain this over the counter at your local pharmacy or grocery store).
3. Do not eat or drink 12 hours prior to test.
If you are a diabetic call the office for specific instructions.

Morning of test:

1. Do not eat.
If you are a diabetic call the office for specific instructions.
2. Take Beano or Gas-X. (You can obtain this over the counter at your local pharmacy or grocery store).
3. Drink Ice Water.
4. Wear a shirt that can easily be removed. Wear loose fitting clothing.

What is an abdominal aorta ultrasound?

It is an ultrasound of the portion of the Aorta (the artery that takes enriched blood from your heart) which lies in the abdomen. An ultrasound device is moved over the abdomen (stomach) to obtain pictures of the Aorta. Ultrasound waves are sent into the abdomen using an ultrasound device and ultrasound gel (the gel aids in the transmission of the sound waves). The sound waves are transformed into a picture of the Abdominal Aorta and its blood flow. The pictures allow for assessment of Aorta size, shape and blood flow.

Why do I need an Abdominal Aorta Ultrasound?

An abdominal Aorta ultrasound may help to identify an aneurysm in the abdominal aorta, plaques in the aorta and overall blood flow.

How long is the test?

The test will take approximately 30 minutes.

When will I get my results?

Dr. Manohar will discuss the results with you after your testing is completed.

If you have any questions about your test or test instructions please call us at (616) 719-5939.

Thank you for allowing us to participate in your healthcare.

