



Renal Ultrasound

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(616) 719-5939

How to prepare?

The night before test:

1. Do not eat gas producing foods, such as broccoli, cabbage, beans, and fiber rich foods.
2. Take Beano or Gas-X. (You may obtain this over the counter at your local pharmacy or grocery store).
3. Do not eat or drink 12 hours prior to test.
If you are a diabetic call the office for specific instructions.

Morning of test:

1. Do not eat.
If you are a diabetic call the office for specific instructions.
2. Take Beano or Gas-X. (You may obtain this over the counter at your local pharmacy or grocery store).
3. Drink Ice Water.
4. Wear a shirt that can be easily removed. Wear loose fitting clothing.

How long is the test?

The test will take approximately 30 minutes.

What is a renal ultrasound?

Renal means pertaining to the kidneys. A Renal ultrasound is an ultrasound of the kidney and/or its arteries. An ultrasound device is moved over the abdomen (stomach) and back to obtain pictures of these structures. Ultrasound waves are sent into the abdomen and back using the ultrasound device and ultrasound gel (the gel aids in the transmission of the sound waves). The sound waves are transformed into a picture of the kidneys, its arteries and its blood flow. The pictures allow for the assessment of the renal size, shape and blood flow.

Why do I need a Renal ultrasound?

A renal ultrasound may help to identify blockage in the kidney vessels. It is also used to evaluate the kidneys in patients developing kidney disease.

When will I get my results?

Dr. Manohar will discuss the results with you after your testing is completed.

If you have any questions about your test or test instructions, please call us at (616) 719-5939.

Thank you for allowing us to participate in your healthcare.